BABCOCK UNIVERSITY

### COURSE OUTLINE TEMPLATE PREPARED BY THE AVP, INSTITUTIONAL EFFECTIVENESS

### SCHOOL: EDUCATION AND HUMANITIES

### DEPARTMENT: EDUCATION

### FIRST SEMESTER /SESSION: 2021/2022

# COURSE CODE AND TITLE: GEDS 107: INTRO. TO GENERAL PSYCHOLOGY

# DAY OF CLASS: Mon - Thursday

# NO OF UNITS: 2 VENUE FOR CLASS: ONLINE

TEACHER’S: NAME: Uwannah, Ngozi C. PhD OFFICE ADDRESS: EAH Left Wing Room 20

OFFICE HOURS: 8 – 5PM MON-THUR, 8 – 1 FRI. TELEPHONE NO: 08062452415

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**OUR VISION STATEMENT**

A first-class Seventh-day Adventist institution, building servant leaders for a better world

**OUR MISSION STATEMENT**

Building leadership through Christian education; transforming lives, impacting society for positive change

To achieve our mission, we are committed to:

* Achieving excellence in our teaching, research program, and service delivery
* Imparting quality Christian education
* Instilling Christ-like character to the members of our Community

**OUR CORE VALUES**

* Excellence -Our Culture
* Integrity -Our Promise
* Accountability -Our Moral
* Servant Leadership -Our Strength
* Team Spirit -Our Dignity
* Autonomy and Responsibility -Our Passion
* Adventist Heritage -Our Commitment

**OUR PHILOSOPHY**

Babcock University’s philosophy is anchored on the harmonious development of the intellectual, physical, social, and spiritual potentials of our students, inspiring stable and noble character needed for effective leadership and service in the society.

**CORPORATE IMAGE STATEMENT:** A center of excellence for character development and scholarship; a socially responsive, responsible, and accountable institution in matters of commitment and action.

**COURSE DESCRIPTION:** This course provides students with an overview of the rapidly changing science of Psychology as a study of human behavior. It will introduce learners to many of the underlying principles and approaches believed to guide human behaviours, including biological factors, learning, memory, social cognition, intelligence, emotion and personality. Students on this course will mostly be exposed to the learning of normal human behaviours and the techniques that psychologists use to research on these behaviours. Nevertheless, human psychological disorders and treatments would be briefly discussed.

**COURSE CONTENT**: See Course outline below

**COURSE OBJECTIVES:** Psychology is a course that has everyday applications and since we are psychological beings, the course is for everyone. At the end of this course, students will be able to:

1. Appreciate and have greater respect for the maker of our minds since we are “fearfully and wonderfully made” (Psalms 139:14) and be better balanced to serve Him to the fullest.
2. Acquire a basic understanding of current information concerning mental processes and human behaviour e.g. development, memory processes etc
3. Make improvements in learning and study skills – cultivate effective study habits
4. Have increased understanding of human relationships and be more effective in human interaction.
5. Be able to create the environment that is conducive for optimal growth for everyone.
6. Use psychological theories and practices to handle related psychological issues
7. Become properly adjusted in social behaviour.
8. Use God given spirit of sound mind to develop creative habits of thought to be thinkers and not mere reflectors of others’ thoughts (God has not given us the spirit of fear, but of love and of a sound mind, 2 Timothy, 1:7).

**REQUIRED TEXTBOOKS/JOURNALS**:

*Main Text book*

Aderanti, R. A, Oyinloye, J. M. A,& Omeonu, A. C. (2016). Psychology of Human Behaviour, 4TH Edition. Lagos: Triump publishers

*Supplementary Textbook*

Berstein, Penner Clark-Stewart & Roy (2003). Psychology. 6th Edition. New York: Houghton Miffin Company.

*Other materials*

Dennis, Coon (2003). Essentials of Psychology. 9th Edition. USA: Thomson Learning Inc.

Morgan, C. T, King, R. A., Weisz J. R, Schopher, J. (2001). Introduction to Psychology. New Delhi: McGraw-Hill Publishing Company Limited.

**COURSE REQUIREMENTS:**

CLASS ATTENDANCE: - “Every student is required to attend classes regularly and punctually, unless ill or prevented by some recognized emergency. Students who absent themselves from class for more than three weeks during the semester shall merit an F grade. Authorized leave of absence from campus does not excuse the student from classes, or relieve the student of the required course work’ *(BU Academic Bulletin 2012-2015 p.13).*

PARTICIPATION: -Students are to actively engage in topic discussion and sharing of ideas in class.

TARDINESS/CONDUCT OF STUDENTS IN CLASS: - Lateness to class is unacceptable; students are not allowed to operate their cell phones, iPods and other electronic mobile gargets during classes, except with the permission of the teacher. Eating and chewing off bubble gums and drinking (water exempted) is also not allowed except with the permission of the teacher. Very importantly, students are required to dress in compliance with the university dress code and wear their identity cards while in class.

SHORT DEVOTIONALS/PRAYER: - Spiritual nurture is a part of whole person development, and team spirit is our strength; thus, every student is required to participate in the devotional exercise and prayer in class.

SUBMISSION OF ASSIGNMENT: As the teacher wishes to receive the assignments with the regulations of the Academic Bulletin.

LATE ASSIGNMENTS: Assignments should be submitted one week after the date given. They could also be turned in earlier, but not later than the deadline.

GUIDELINE FOR WRITTEN WORK: Written assignments should be submitted on foolscap paper while typewritten assignments should be on A4 paper, not more than 10 pages on double line spacing and spiral bound.

**ACADEMIC INTEGRITY/HONESTY**: “Babcock University has a zero tolerance for any form of academic dishonesty. Morally and spiritually, the institution is committed to scholastic integrity. Consequently, both students and staff are to maintain high, ethical Christian levels of honesty. Transparent honest behavior is expected of every student in all spheres of life. Academic dishonesty include such things as plagiarism, unauthorized use of notes or textbooks on quizzes and examinations, copying or spying the test or paper of another student (formal or take-home), talking to another student during examinations.Academic matter would automatically result in a failing grade for the examination, and suspension, or outright dismissal from the university. Academic dishonesty issues are referred to SPEAM (Senate Panel on Examination and Academic Misconduct) who investigates and makes recommendations to Senate. Penalties for examination and academic misconduct are spelt out in the *student’s handbook* and in other regulations as published from time to time” *(BU Academic Bulletin 2012-2015 p.18).*

**GRIEVANCE PROCEDURE**

“Students who believe that their academic rights have been infringed upon or that they have been unjustly treated with respect to their academic program are entitled to a fair and impartial consideration of their cases. They should do the following to effect a solution:

1. Present their case to the teacher(s) concerned

2. If necessary, discuss the problem with the Head of Department

3. If agreement is not reached at this level, submit the matter to the School Dean

4. Finally, ask for a review of the case by the Grievance Committee

5. A fee is charged for remarking of scripts. If a student’s grievance is upheld after an external examiner has remarked the script, the grade would be credited to the student. The lecturer will be given a letter of reprimand and will be asked to refund the fees to the student. If the student’s grievance is not sustained, the student will be given a letter of reprimand and the original grade retained” *(BU Academic Bulletin 2012-2015 p.18).*

**TEACHING/LEARNING METHODOLOGIES:** Teachers are to determine their strategies for teaching their students. However, interactive strategies are encouraged, and there should be integration of faith and BU core values in the learning process.

**COURSE ASSESSMENT/EVALUATION**

***Continuous Assessment:***

Class Attendance: 5%}

Quizzes & Tests: 10%}

Assignments: 10%} = 40%

Mid-Semester Exam: 15%}

Final Semester Exam: 60%

**GRADE SCALE**

Currently, the 5-pointgrading system adopted by the University Senate translates as follows:

|  |  |  |  |
| --- | --- | --- | --- |
| Grades | Marks- Quality | Range Points | Definition |
| A | 80-100 | 5.00 | Superior |
| B | 60-79 | 4.00 | Above Average |
| C | 50-59 | 3.00 | Average |
| D | 45-49 | 2.00 | Below Average |
| E | 40-44 | 1.00 | Pass |
| F | 0-39 | 0.00 | Fail |

**INCOMPLETE GRADE:** An incomplete grade may only be assigned to a student upon request, due to an emergency situation that occurred within that semester, which prevented completion of an/some assignments, quizzes, or examination. Such a student would complete a contract form, obtainable from the Registrar, after agreement with the teacher. The form must be signed by the teacher, the student, the HOD, the dean, the Registrar, and the Senior Vice President (SVP) before contract begins. The original copy of the incomplete form will be sent to the Registrar with copies to the teacher, the student, the HOD, the dean, and the SVP. An incomplete grade (I) reverts to the existing grade if contract is not completed by the end of the following semester (including summer semester, except for examinations), *(BU Academic Bulletin 2012-2015 p. 20).*

**FURTHER READINGS:**

**STUDENTS WITH DISABILITY**

“Babcock University seeks to provide a conducive environment for optimal living and learning experience. While the university is working towards facilities that accommodate persons with disabilities, provisions will be made for students with disabilities under the following conditions. Students with disabilities are to:

1. Report to Student Support Services for assessment, and obtain a clearance/recommendation at the commencement of the semester or as soon as disabling incidence occurs
2. Show the clearance/recommendations to relevant university officials at the commencement of the semester or as soon as disabling incidence occurs
3. Maintain ongoing contact with Student Support Services” *(BU Academic Bulletin 2012-2015 p. 20).*

**PROPOSED DAILY/WEEKLY OUTLINE OF SCHEDULE:**

**Example:**

|  |  |  |  |
| --- | --- | --- | --- |
| **DATE** | **TOPIC** | **CLASS ACTIVITIES** | **ASSIGNMENTS DUE** |
| Week 1 | Discussion of course outline  Introduction, Definition of Psychology, Field of Psychology | Students are to use two minutes to answer the question “who are you”? | Write a page on the history of psychology bringing out the contributions of the following: Wilhelm Wundt, William James, Max Wertheimer, Sigmund Freud, John Watson |
| Week 2 | Method of Psychological Science  Nervous System, Brain and Behaviour | Students are to identify which method of psychological science that is suitable for particular situations | Assignment:  Draw the brain diagram in your note, identify the following parts: cerebellum, Hypothalamus, Thalamus, Brain stem, Medulla, Pon and Mid brain. |
| Week 3 | Perception, Nature of Perception, Extra Sensory Perception, Illusion |  |  |
| Week 4 | Consciousness and Altered State of Consciousness, Sleep and Dream |  | Assignment: write a page each on Hypnosis and Meditation |
| Week 5 | Psychoactive Drugs |  | Assignment: Write a page on the Biblical views on the effect of alcoholic drinks |
| Week 6 | Learning, Classical Conditioning, Operant Conditioning, Memory (forgetting and remembering), factors aiding memory |  | Assignment: Write out five instances each when Jesus used classical and operant conditioning in His method of teaching (supply also the bible texts) |
| Week 7 | Thinking, Basic information of thought (Image, Concept, Language) |  |  |
| Week 8 | Mid Semester Examination |  |  |
| Week 9 | Human Development  Psychosocial Development by Eric Erickson  Cognitive Development by Jean Piaget  Psychosexual Development by Sigmund Freud |  |  |
| Week 10 | Personality Traits  Nature of Emotion, Motivation |  |  |
| Week 11 | Health/Abnormal Psychology/Psychotic Behaviour |  |  |
| Week 12 | Class Presentation |  |  |
| Week 13 | Revision |  |  |
| Week 14 | Final Examination |  |  |